



B15: Gender Role Socialization

Type of Exercise: discussion

Level: basic

Length of time: 30 minutes

Resources needed: none

Instructions: The main focus of this exercise is to help the group explore gender role socialization. As you grapple with answering the different questions, consider the responses that someone of a different sexual orientation or gender identification might have in answering them.

Suggested Discussion Questions:

- When did you learn that you were a girl or boy? How did you know?
- What were social influences that helped you learn what it means to be a girl or a boy in society?
- Are there certain activities that you associate with being a girl or boy?
- How did you learn about these activities and which ones were associated with girls versus boys?
- How did others contribute to your understanding of what it means to be a girl or a boy? For example, what did you learn from your parents, siblings, peers, teachers, or religious leaders when you were a child?
- Were there occasions when your understanding of gender role was different than those around you? How did you deal with this?
- How have you seen others react to someone who doesn't engage in behaviors commonly associated with assigned gender roles?
- How do gender stereotypes affect the health care environment?
- How do you view your role as a health care provider in discussing gender roles and commonly expected social behaviors?



This work by [Lavender Health](#) is licensed under a [Creative Commons Attribution-NonCommercial 4.0 International License](#).

Permissions beyond the scope of this license may be available at <http://lavenderhealth.wordpress.com/about-2/permissions/>.

Developed for Lavender Health by Mickey Eliason and Carla Randall