



## I6: Library/Internet Exercise

**Type of Exercise:** written assignment followed by group discussion

**Level:** Intermediate

**Length of time:** 1-2 hours preparation, 30 – 60 minutes discussion

**Resources needed:** Internet or library access

**Instructions:** Have students go to the library or use internet sources to find age appropriate information about specific health issues of LGBTQ individuals. Assign an age group and a specific subset of the LGBTQ population.

Examples

- If a parent needed information about health issues for their adolescent son who was questioning his sexuality, what sources are available?
- If a transgender individual of age 65 wanted to find information about health aspects of aging for transgender men, what sources are available?
- If a middle-aged lesbian had lung cancer, could she find resources?

Ask students to record how easy or difficult it was to find this information, and bring full citations of the information they found. Ask the students to share this experience with each other.

- What did they notice regarding the information?
- Were there similarities, differences in the number of information/sources by sexual identity group?

For example, there may be a lot of information about HIV prevention for gay men, but very little about long-term effects of hormone use for transgender men. There may be considerable information about risk for breast cancer for lesbians, but little information about recovery from breast cancer surgery.

**Modifications:** Have half the class find examples of health information for heterosexuals across the age span, or have students bring in one of each—e.g., information for aging heterosexual men compared to aging bisexual men. Do the same for other issues of marginalization by ethnicity, national origin, religion, etc.



This work by [Lavender Health](#) is licensed under a [Creative Commons Attribution-NonCommercial 4.0 International License](#).

Permissions beyond the scope of this license may be available at <http://lavenderhealth.wordpress.com/about-2/permissions/>.

*Developed for Lavender Health by Mickey Eliason and Carla Randall*